

INTRODUCTION TO OPEN DIALOGUE, FIVE- DAY INTENSIVE COURSE

WHAT: Open Dialogue is a resource-oriented approach to mental health, which aims at mobilizing psychosocial resources in a crisis-struck person's social network. It has been developed in Finland since 1980's, especially in Western Lapland, and is now known in many countries around the world. It's basic values are openness, social inclusion, and personal autonomy and genuine user and family involvement in the decision-making processes. Open Dialogue can be seen both as a philosophical stance, an approach to clinical practice as well as a way to organize services in e.g. health care and social services.

In this five- day course participants will learn basic ideas and philosophy of this approach and will have an opportunity to learn dialogical practices in learning by doing- fashion.

WHEN: 11.-15.8.2021

WHERE: In Espoo, Finland

PRICE: 1240 € (inc. VAT)

TRAINERS:

MIA KURTTI is a nurse MSc, family therapist and Open Dialogue trainer and supervisor. She has been working in mental health services as a nurse in Western Lapland, Finland two decades with individuals and their networks. During the last decade she has also been a trainer on many international Open Dialogue/ Collaborative training programs, including those run in the UK, US, Italy, Denmark and Japan. One of Mia's aims in training processes is to open and expand the dialogue in a way that increases people's own creativity and resourcefulness. In her role as a trainer she is keen to emphasize and invite people who work in mental health settings to explore their own life narratives and the impact that these stories have on their current professional practice. Mia lives in Tornio with her family, nature and arts are her resources.

KARI VALTANEN is a child and adolescent psychiatrist and Open Dialogue and family therapy trainer. Kari works at Western Lapland child and adolescent psychiatric outpatient team, and he has been collaborating with this Open Dialogue team almost 20 years. Kari has been training Open Dialogue for several years both in Finnish and international training programs in UK, Italy, Australia and Japan. Kari lives by Arctic Circle with his long-time partner and they love spending free time in surrounding forest foraging berries and mushrooms, or just hiking or skiing around.

EIJA-LIISA RAUTIAINEN has PhD in clinical psychology and is an Open Dialogue and family therapy trainer living in Helsinki. Eija-Liisa has worked 20 years in adult psychiatry and for the last eight years has worked as a full time trainer and supervisor. She is the responsible trainer for dialogical family therapy training courses in Finland and has worked as a trainer if Open Dialogue also internationally. Eija-Liisa enjoys culture in it's many forms, loves spending time in forests and enjoys winter swimming.

MORE INFORMATION:

mia.is.kurtti@gmail.com

kari.valtanen@pp.inet.fi

eija-liisa.rautiainen@dialogic.fi