INTRODUCTION TO

OPEN DIALOGUE

FIVE-DAY ONLINE COURSE

12 -13 August,
21 - 22 October &
1 December 2021

Open Dialogue is a resource-based approach to mental health that aims to mobilise psychosocial resources in the social network of a person in crisis. It has been developed in Finland since the 1980s, particularly in Western Lapland, and is now known in many countries around the world. Its core values are openness, social inclusion, personal autonomy and genuine participation of users and families in decision-making processes. Open dialogue can be seen both as a philosophical stance, an approach to clinical practice and a way of organising services, e.g. health care and social services. During this five-day course, participants will learn the basic ideas and philosophy of this approach and will have the opportunity to learn the dialogical practices of in action.

This course offers participants the opportunity to expand their networks and learn by generating dialogues on relevant topics in their own contexts. During the first two days of the course, we will form small groups where participants will be invited to share resources between courses.

Given the current situation with Covid, the training will be conducted online (Zoom). Daily schedule is 14.00-21.00 EET (Finland) / 11.00-18.00 UTC. All trainers will be present at all training days.

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MIA KURTTI is a nurse MSc, family therapist and Open Dialogue trainer and supervisor. She has been working in mental health services as a nurse in Western Lapland, Finland two decades with individuals and their networks. During the last decade she has also been a trainer on many international Open Dialogue/ Collaborative training programs, including those run in the UK, US, Italy, Denmark and Japan. One of Mia's aims in training processes is to open and expand the dialogue in a way that increases people's own creativity and resourcefulness. In her role as a trainer she is keen to emphasize and invite people who work in mental health settings to explore their own life narratives and the impact that these stories have on their current professional practice. Mia lives in Tornio with her family, nature and arts are her resources.

EIJA-LIISA RAUTIAINEN has PhD in clinical psychology and is an Open Dialogue and family therapy trainer living in Helsinki. Eija-Liisa has worked 20 yeas in adult psychiatry and for the last eight years has worked as a full time trainer and supervisor. She is the responsible trainer for dialogical family therapy training courses in Finland and has worked as a trainer if Open Dialogue also internationally. Eija-Liisa enjoys culture in it's many forms, loves spending time in forests and enjoys winter swimming.

KARI VALTANEN is a child and adolescent psychiatrist and trainer in Open Dialogue and family therapy. Kari is working with the Outpatient Child and Adolescent Psychiatry team in Western Lapland and has been collaborating with this Open Dialogue team for almost 20 years. Kari has been training Open Dialogue for several years in Finnish and international training programs in the UK, Italy, Australia and Japan. Kari lives close to the Arctic Circle with his long-time partner and they enjoy spending their free time in the surrounding forests looking for berries and mushrooms, or simply hiking or skiing.

MORE INFORMATION & ENROLMENT:
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Payment 10 days before the beginning of the training on the bank account: FI28 1099 3000 4260 92
Dialogic Oy Vat reg.no 2071775-4 Payment inquiries are directed to pekka.holm@dialogic.fi